

## TRAIL OF THE CARIBOU APPLIQUÉ 9" BLOCK (9 1/2" UNFINISHED)

### 1. FABRIC REQUIREMENTS: (Northcott Stonehenge Oh Canada Fabrics)

1. 3934-195 – 1.25" x 9.5" strip
2. 24267-12 – 2.25" x 9.5" strip
3. 3954-191 – 1.5" x 9.5" strip
4. 3954-340 – 3.0" x 9.5" strip

#### Half Rectangle Triangle (HRT) Block

5. 24266-14 – 3.75" x 10.5" strip
6. 24272-99 – 3.5" x 10.5" strip

3954-96 – 8.5" x 11" rectangle (Caribou)  
Appliqué adhesive – 8.5" x 11" sheet



#### Finished Widths

1. 1.0"
2. 1.75"
3. 1.00"
4. 2.5"
5. & 6. 3.25"

Designed for  
Quilts of Valour-Canada  
by The Quilted Stash

Figure 1.

Please see the Hug Block Pattern page (<https://www.quiltsofvalour.ca/hug-block-patterns>) for information on our Hug Block Patterns and the address for our Coordinator to send in your completed blocks

### 2. BLOCK CONSTRUCTION

- A. Construct the Half Rectangle Triangle Block (See Page 2.)
- B. Piece the Background:
  1. Using a scant 1/4" seam allowance, sew the 4 strips plus the HRT together as shown in Figure 1.
  2. Press seams towards the darker fabric.
- C. Appliqué the Caribou:
  1. Trace the caribou shape onto the appliqué adhesive. (The shape has already been reversed for you).
  2. Adhere to the wrong side of the fabric (3954-96).
  3. Cut out shape and place on background using Figure 1 as a placement guide.
  4. Appliqué using your favourite appliqué stitch (straight, zigzag, blanket etc.).

## Quilted Hugs From Across the Nation!

Northcott designers have created the fabric collection OH CANADA in support of Quilts of Valour – Canada™. Several fabrics are available in this Stonehenge line - and Quilts of Valour™ is inviting quilters across the country to make a block (or two, or more) from this line. Northcott sponsors Quilts of Valour™ through the sales of this line and through active promotion of our society. Several Hug Block patterns have been designed for you and are available to download on the Quilts of Valour – Canada™ website. A "Hug Block" must be made using the Northcott OH CANADA line and must be 9 1/2" UNfinished; UNWASHED; and UNtrimmed. You can also use any block pattern, any design – even your own. Please keep in mind our quilts will go to adult men and women who have served our country in our Canadian Armed Forces. **PLEASE – USE ONLY the Northcott Stonehenge OH CANADA line of fabric for these blocks. This makes it possible for quilters to mix different block patterns from across the country in the quilt.**



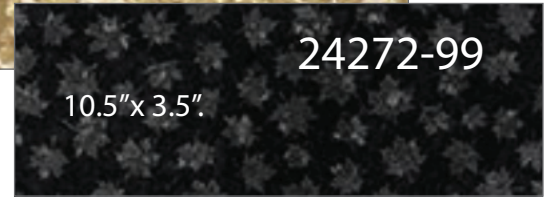
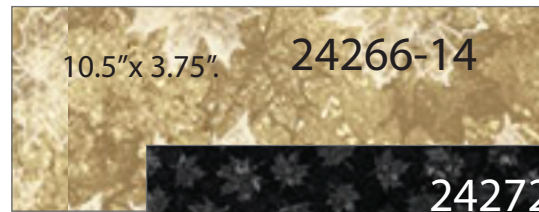
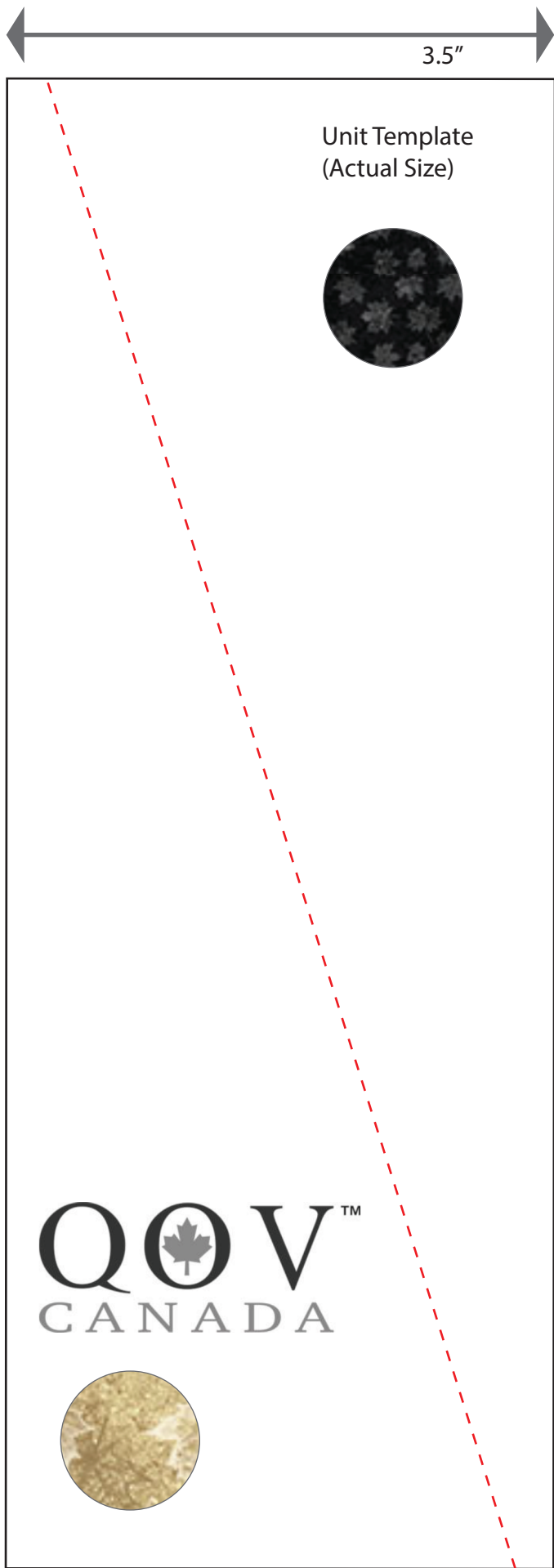
Please **do NOT mark** information on your block. We appreciate the blocks being sent to the address provided with the pattern. We are then able to record a count of the Hug Blocks received and record where they are from. Please include a return address or at least the city and province on your mailing envelope. We ensure the blocks will be gathered and grouped for a quilt top, representing as many places across Canada as we can.

Quilters, quilting bees, guilds and anyone interested in completing a Hug Blocks Quilt can let us know if they are interested in completing a Quilt of Valour™ and we will forward a set of blocks to you. It is expected that you (and your friends or bee) will complete the quilt including binding. Please forward the completed quilt to your local representative, along with a list of all those who worked on the quilt. A label will be attached with the names of the quilters who completed the quilt, recipient and date of presentation. The blocks from several regions of Canada wrap our injured Canadian Armed Forces members past and present with many **quilted hugs from across the nation!!** If you wish to make a Hug Blocks quilt without having to make the blocks, please email [HugBlocks@QuiltsOfValour.ca](mailto:HugBlocks@QuiltsOfValour.ca)

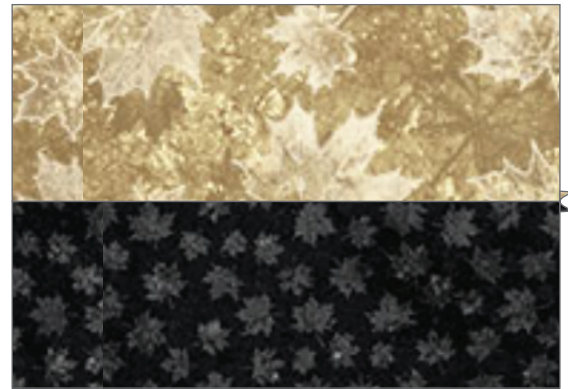
Thank you for your quilting support for QOVC™ and our injured serving members and our veterans.

Founder@QuiltsOfValour.ca [www.QuiltsOfValour.ca](http://www.QuiltsOfValour.ca)

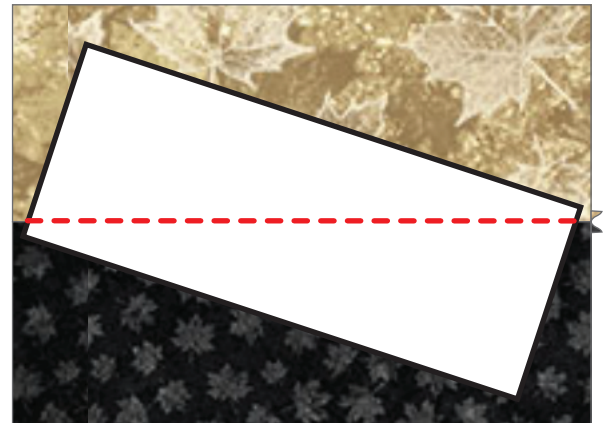
TRAIL OF THE CARIBOU BLOCK HRT INTRUCTIONS



Start with two pieces of fabric trimmed to the sizes indicated.



Sew together as shown to create a unit that is 10.5"x 6.75"



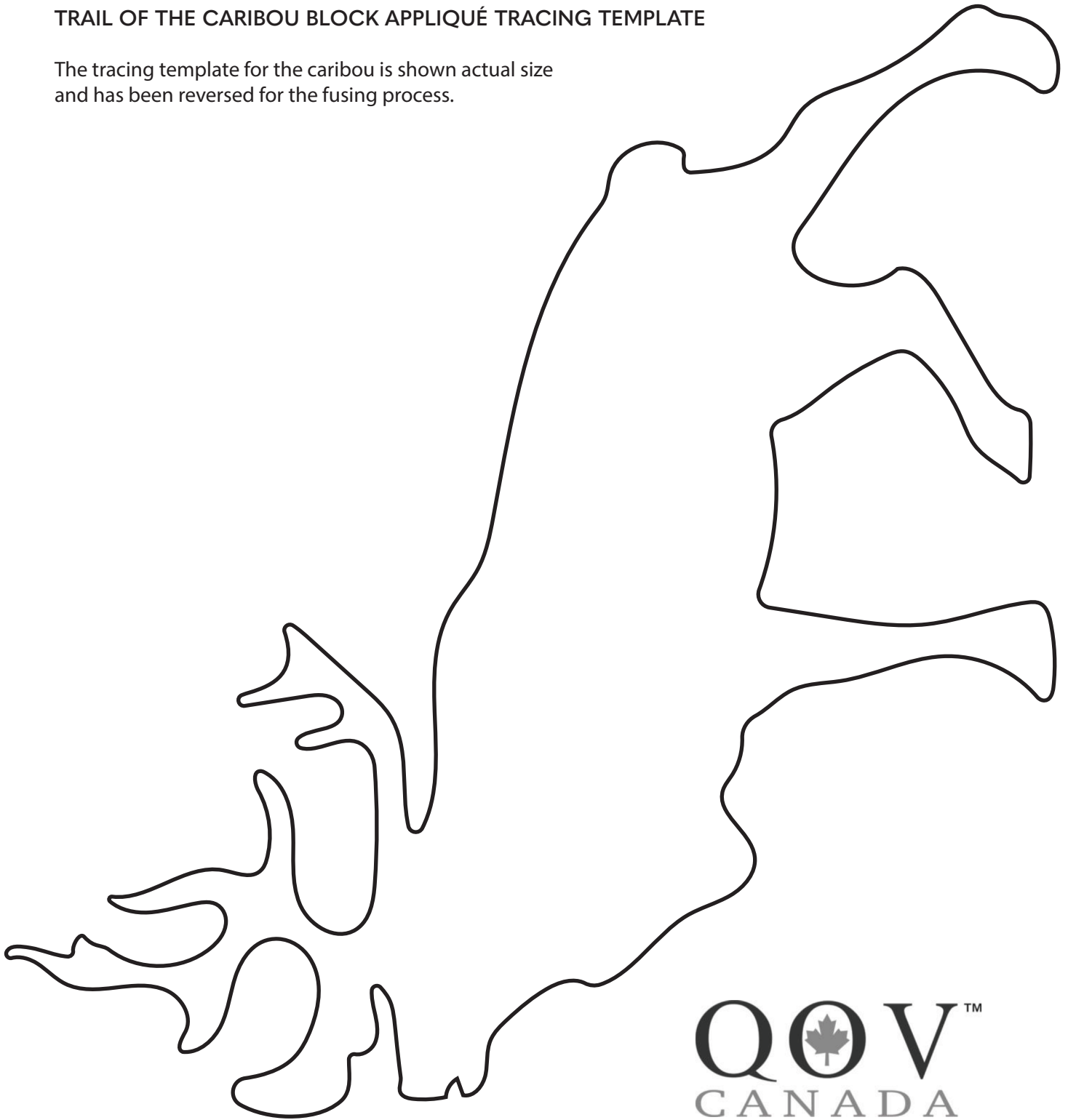
Place the Unit Template with the dotted line lined up with the seamline and trim to size (9.5"x3.5")



Finished Unit

## TRAIL OF THE CARIBOU BLOCK APPLIQUÉ TRACING TEMPLATE

The tracing template for the caribou is shown actual size and has been reversed for the fusing process.



**TIP:** Ensure the print side of fabric is up, the glue side is down on the background square.

**TIP:** Ensure your ironing surface is covered with a non-stick product and use a pressing sheet (or parchment paper) over the block when affixing the appliqué.

**NOTE:** Do NOT use steam iron for the appliqué until it has been pressed in place and sticks.