1. FABRIC REQUIREMENTS:

1-10" square light fabric
1 - $10^{\prime \prime}$ square dark fabric
$2-5$ " squares dark fabric (for appliqué)


## 2. BLOCK CONSTRUCTION:

Make 2 Half Square triangles (HST's):
Put the light 10" Fabric A \& the dark 10" Fabric B square right sides together.
Mark the diagonal on the fabric $A$. SEW $1 / 4$ " ON BOTH sides of diagonal. Cut ON the marked diagonal.


Press to dark.

## 3. APPLIQUÉ:

Method 1: Trace the appliqué design directly on the back of the 5 " squares. Cut out. Zig zag or blanket stitch to the lighter diagonal side of the Half Square Triangle. Please do not trim or square up until you are ready to use the block in your quilt project. Not all $1 / 4^{\prime \prime}$ seam allowances are $1 / 4$ ".
Method 2: Using a fusible web, trace the appliqué to the paper side of a 5 " square the fusible product.
Press the glue side of the fusible web to the back of the 5 " appliqué fabric square. Cut the appliqué out. Remove paper. Position and press the glue side of the appliqué to light half of diagonal, keeping in mind room for seam allowance on the 9 " FINISHED block. Please do not square up or trim. Parchment paper and/or a Teflon applique sheet is recommended between the iron the and the fabric and between the project and your ironing board/surface. It is difficult, if not impossible to remove from fabric (ironing board).

> Please see the Hug Block Pattern page
> (https://www.quiltsofvalour.ca/hug-block-patterns) for information on our Hug Block Patterns and the address for our Coordinator to send in your completed blocks.


Prepared for Quilts of Valour - Canada "Hugs Blocks" Project

