FORGET-ME-NOT 9" BLOCK (9 1⁄2" UNFINISHED)

1. FABRIC REQUIREMENTS:

Northcott Stonehenge Oh Canada Fabrics

1. $24266-14-5.0^{\prime \prime} \times 5.0^{\prime \prime}$ square (Tan- Maple Leaf)
2. $3954-96-9.0^{\prime \prime} \times 21^{\prime \prime}$ fat eighth (Black)
3. $3937-46-9.0^{\prime \prime} \times 21^{\prime \prime}$ fat eighth (Blue)

## Northcott Canvas*

4. $3930-510-2.5^{\prime \prime} \times 2.5^{\prime \prime}$ square (Sunshine) *Used with permission of QOVC.

## 2. CUTTING REQUIREMENTS:

1. From 3954-96, cut one $5.0^{\prime \prime} \times 5.0^{\prime \prime}$ square and eight $2.5^{\prime \prime} \times 2.5^{\prime \prime}$ squares.
2. From 3937-46, cut two $1.5^{\prime \prime} \times 4.5^{\prime \prime}$ strips, two $1.5^{\prime \prime} \times 2.5^{\prime \prime}$ strips and eight $2.5^{\prime \prime} \times 2.5^{\prime \prime}$ squares.
3. CONSTRUCTION:
A. Contruct the centre of Forget-Me-Not (Unit 1 in Figure 1):
4. Sew one $1.5^{\prime \prime} \times 2.5^{\prime \prime}$ strip of $3937-46$ to the left side of of the 9030-510 square. Sew the other $1.5^{\prime \prime} \times 2.5^{\prime \prime}$ strip to the right side. Press seams towards the blue.
5. Sew one 1.5 " $\times 4.5$ " strip of $3937-46$ to the top and the other to the bottom of the unit. Press seams towards the blue.

Instructions are continued on Pages 2-3.

## Designed for

Quilts of Valour-Canada by The Quilted Stash


Figure 1.
Please see the Hug Block Pattern page (https://www.quiltsofvalour.ca/hug-block-patterns) for information on our Hug Block Patterns and the address for our Coordinator to send in your completed blocks.

## Quilted Hugs From Across the Nation!

Northcott designers have created the fabric collection OH CANADA in support of Quilts of Valour - Canada ${ }^{T M}$. Several fabrics are available in this Stonehenge line - and Quilts of Valour ${ }^{\mathrm{TM}}$ is inviting quilters across the country to make a block (or two, or more) from this line. Northcott sponsors Quilts of Valourrm through the sales of this line and through active promotion of our society. Several Hug Block patterns have been designed for you and are available to download
 on the Quilts of Valour - Canadarm website. A "Hug Block" must be made using the Northcott OH CANADA line and must be $91 / 2$ " UNfinished; UNWASHED; and UNtrimmed. You can also use any block pattern , any design - even your own. Please keep in mind our quilts will go to adult men and women who have served our county in our Canadian Armed Forces. PLEASE - USE ONLY the Northcott Stonehenge OH CANADA line of fabric for these blocks. This makes it possible for quilters to mix different block patterns from across the country in the quilt.

Please do NOT mark information on your block. We appreciate the blocks being sent to the address provided with the pattern. We are then able to record a count of the Hug Blocks received and record where they are from. Please include a return address or at least the city and province on your mailing envelope. We ensure the blocks will be gathered and grouped for a quilt top, representing as many places across Canada as we can.

Quilters, quilting bees, guilds and anyone interested in completing a Hug Blocks Quilt can let us know if they are interested in completing a Quilt of ValourTM and we will forward a set of blocks to you. It is expected that you (and your friends or bee) will complete the quilt including binding. Please forward the completed quilt to your local representative, along with a list of all those who worked on the quilt. A label will be attached with the names of the quilters who completed the quilt, recipient and date of presentation. The blocks from several regions of Canada wrap our injured Canadian Armed Forces members past and present with many quilted hugs from across the nation!! If you wish to make a Hug Blocks quilt without having to make the blocks, please email HugBlocks@QuiltsOfValour.ca
3. CONSTRUCTION (continued):
B. Contruct the Corner Units (Unit 2 in Figure 1):

Using the method shown in the following diagram, start with the two $5.0^{\prime \prime} \times 5.0^{\prime \prime}$ squares of fabrics 24266-14 and 3954-96 to make four HSTs that are 3 " square (unfinished).

C. Construct the Petal Units (Unit 3 in Figure 1):

1. On four $2.5^{\prime \prime} \times 2.5^{\prime \prime}$ squares of fabric $3954-96$ and four $2.5^{\prime \prime} \times 2.5^{\prime \prime}$ squares of fabric $3937-46$, trim so that the left side of the square is $2.0^{\prime \prime}$ long and the right side is $1.5^{\prime \prime}$ long (see Figure 2 on p. 3). 2.
Repeat for the remaining eight squares, except this time trim so that the left side is $1.5^{\prime \prime}$ long and the right side is $2.0^{\prime \prime}$ long (see Figure 2 ).
2. Sew together one black and one blue piece from the same trimmed pile. It is important to offset the fabrics by $1 / 8^{\prime \prime}$ when sewing these together so that they line up properly.
(see Figure 2a. on p. 3). Repeat this step until there are 8 units.
3. Sew together two units so that the blue fabric forms a high point in the middle (see Unit 3 in Figure 1). Nest seams.

Figure 2.


Figure 2a.

D. Construct the Forget-Me-Not Block:

1. Sew Unit 3 onto the left and right sides of Unit 1. Press seams towards the centre.
2. Sew Unit 2 to each end of Unit 3 as shown in Figure 1. Repeat for remaining units.

Press seams towards Unit 2. 3. Add these rows to top and bottom of Unit 1. Nest seams.

